

Tulsa Regional Fire Academy Application and Checklist



- 1. Apply for admission to Tulsa Community College (Background Check and Drug Test Required)**
- 2. Complete application and gather all required paperwork**
- 3. Submit Academy application/paperwork to Fire Academy/School of Engineering and Applied Technology office by JUNE 1:**
 - a. Fire Academy Application
 - b. Signed Physical AND Doctor's Release
 - c. Copy of EMT or Paramedic certification (if currently enrolled in EMT-B program, course must be completed by date Fire Academy begins)
 - d. Copy of Oklahoma Driver License
 - e. Proof of Health Insurance
 - f. Letter stating responsibility of fees from sponsoring fire department (if applicable)
- 4. After Acceptance into Academy**
 - a. Register for course by registration deadline.
 - b. Complete background check and drug test
 - c. GET IN SHAPE (Fitness will begin on day 1 of academy)
 - d. Attend Student Orientation in July(TBA) – Order Uniforms, Bunker Gear, etc.
 - e. Begin required vaccination series
 - f. By first day of class, submit signed/ notarized liability waiver and documentation of NFPA 1851 compliant Bunker Gear (you should receive this documentation from your bunker gear supplier)
 - g. Submit proof of required vaccinations (Hep. B, Neg. TB, etc.) by date of first ride-a-long

**SUBMITTING AN APPLICATION DOES NOT GUARANTEE PLACEMENT
FIRE ACADEMY APPLICATION IS VALID FOR ONE YEAR FROM DATE OF SUBMISSION**

*Tulsa Fire Safety Training Center
Tulsa Community College Northeast Campus
2819 N. Newhaven Ave.*

PHONE: 918-596-1989 EMAIL: tulsafireacademy@tulsacc.edu



TULSA REGIONAL FIRE ACADEMY APPLICATION

Class # _____ Credit ____ Non-Credit _____

Name: _____ Student ID# _____
Last First Middle or

Address: _____ Social Security # _____
Street
City State Zip

Day Phone: (____) _____ Night Phone: (____) _____

E-Mail Address: _____ OK Driver License# _____

Date of Birth: _____ Shirt size (circle one): S M L XL XXL

EMERGENCY CONTACT

Name: _____ Phone: (____) _____

Relation to Student _____

SPONSORING DEPARTMENT/AGENCY (If Applicable)

Check One: Paid: ____ Volunteer: ____

Name of Department/Agency

Street

City State Zip

Dept. Chief _____ Phone (____) _____

EDUCATION

College Degree: No ____ Yes ____ Year _____
Paramedic Certified: Yes ____ Date of expiration _____
No ____ If currently in class, expected date of completion: _____
EMT Certified: Yes ____ Date of expiration: _____ (attach copy of certificate)
No ____ If currently in class, expected date of completion: _____

Applicant's Signature Date

**DOCTOR'S RELEASE
FOR
PHYSICAL AGILITY TEST AND FIREFIGHTING ACTIVITIES**

1. **Step Mill** – While wearing a weighted vest, student will complete a minimum of 2 minutes and 59 seconds on a step mill set at a designated speed, simulating a stair climb.
2. **Hose Drag** – Student will pull a weighted rubber prop (simulating an 1 ¾” hose full of water) through and out of a “U” shaped tunnel in less than 25 seconds.
3. **Search Drill** – While wearing an SCBA (but no mask) student will be placed in a completely blacked-out, enclosed maze. Student will follow the wall to a designated area in less than 1 minute and 22 seconds.
4. **Rescue** – Student will pull a weighted dummy (approximately 150 pounds) through a zig-zag shaped tunnel in less than 24 seconds.
5. **Forcible Entry** – Using a sledgehammer, student will strike a weighted sled until it moves to the designated position.
6. **Ladder Drill** – Starting in a designated area, student will lift and carry a 20-foot aluminum ladder and place it on hooks approximately 4 ½ feet off the ground. Student will then hoist and lower a secured extension ladder with a hand over hand manner. Student will then complete the drill by removing the original ladder from the hooks and replacing it in the designated area. Total exercise must be completed in less than 41 seconds.
7. **Ceiling Hook/Pike Pole Drill** – Staying within the designated area, student will use a simulated pike pole to push an overhead weighted plate up once and then use another simulated pike pole to pull down a weight 5 times. Student will complete as many evolutions as possible in a one minute work cycle. Student will then receive 30 seconds of rest and start the cycle over for a total of 4 work cycles(of 1 minute of work to 30 seconds of rest). Student must complete at least 23 (1 to 5) evolutions in 4 minutes of work.

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I have examined this individual and have found nothing that should prevent him/her from participating in the above physical agility test or similar strenuous firefighter activities that will be required upon acceptance into the Tulsa Regional Fire Academy.

Name of Student, Date

Name of Doctor

Student ID (if applicable)

Doctor's Signature, Date