Tulsa Regional Fire Academy Application and Checklist

1. Apply for admission to Tulsa Community College

2. Complete application and gather all required paperwork

3. Submit Academy application/paperwork to Regional Fire Academy Office or School of Engineering, Aviation, & Public Service Office by JUNE 1:

REQUIRED DOCUMENTS:
   a. Fire Academy Application
   b. Copy of High School Diploma or GED
   c. Doctor’s Release Form (attached) AND copy of signed Sports Physical
   c. Copy of EMT or Paramedic certification (if currently enrolled in EMT-B program, course must be completed by date Fire Academy begins)
   d. Copy of Oklahoma Driver’s License
   e. Notarized Waiver of Liability (attached)
   f. Copy of proof of health insurance
   g. Letter stating responsibility of fees from sponsoring fire department (if applicable)

4. After Acceptance into Academy
   a. Submit Background Check and Drug Test Documentation
   b. Register for course by registration deadline.
   c. GET IN SHAPE and get focused (Students will complete fitness testing on day 1 including 1.5 mile run for time)
   d. Attend Student Orientation in July – Order Uniforms, Bunker Gear, etc.
   e. Begin required vaccination series
   f. By first day of class, submit documentation of NFPA 1851 bunker gear compliance – if department sponsored
   g. Submit proof of required vaccinations (Hep. B, Neg. TB, etc.) by date of first ride-a-long

SUBMITTING AN APPLICATION DOES NOT GUARANTEE PLACEMENT
FIRE ACADEMY APPLICATION IS VALID FOR ONE YEAR FROM DATE OF SUBMISSION

Tulsa Fire Safety Training Center
Tulsa Community College Northeast Campus
2819 N. Newhaven Ave.
PHONE: 918-596-1989 EMAIL: ghurt@cityoftulsa.org
TULSA REGIONAL FIRE ACADEMY APPLICATION

Class #__________ Credit ____ Non-Credit ______

Name: ____________________________________________ Student ID# __________________
   Last                          First                          Middle or

Address: __________________________________________ Social Security # ______________
    Street________________________________________________________________________
    City                             State                         Zip

Day Phone: (____) __________________________ Night Phone: (____) ______________________

E-Mail Address: ________________________________ OK Driver License# __________________

Date of Birth: ___________________________ Shirt size (circle one):     S      M      L      XL      XXL

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EMERGENCY CONTACT

Name: ___________________________________ Phone: (____) ______________________

Relation to Student______________________________________________________________

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SPONSORING DEPARTMENT/AGENCY (If Applicable)

Check One: Paid:  ____ Volunteer:  ____

________________________________________ Name of Department/Agency

________________________________________ Street

________________________________________ City   State       Zip

Dept. Chief ___________________________________ Phone (____) ______________________

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EDUCATION

College Degree: No ___ Yes___ Year ________

Paramedic Certified: Yes___ Date of expiration ___________
   No___ If currently in class, expected date of completion: ___________

EMT Certified: Yes___ Date of expiration: ___________
   No___ If currently in class, expected date of completion: ___________
   (attach copy of certificate)

Applicant’s Signature ___________________________ Date __________________________
DOCTOR’S RELEASE
FOR
PHYSICAL AGILITY TEST AND FIREFIGHTING ACTIVITIES

1. **Step Mill** – While wearing a weighted vest, student will complete a minimum of 2 minutes and 59 seconds on a step mill set at a designated speed, simulating a stair climb.

2. **Hose Drag** – Student will pull a weighted rubber prop (simulating an 1 ¾” hose full of water) through and out of a “U” shaped tunnel in less than 25 seconds.

3. **Search Drill** – While wearing an SCBA (but no mask) student will be placed in a completely blacked-out, enclosed maze. Student will follow the wall to a designated area in less than 1 minute and 22 seconds.

4. **Rescue** – Student will pull a weighted dummy (approximately 150 pounds) through a zig-zag shaped tunnel in less than 24 seconds.

5. **Forcible Entry** – Using a sledgehammer, student will strike a weighted sled until it moves to the designated position.

6. **Ladder Drill** – Starting in a designated area, student will lift and carry a 20-foot aluminum ladder and place it on hooks approximately 4 ½ feet off the ground. Student will then hoist and lower a secured extension ladder with a hand over hand manner. Student will then complete the drill by removing the original ladder from the hooks and replacing it in the designated area. Total exercise must be completed in less than 41 seconds.

7. **Ceiling Hook/Pike Pole Drill** – Staying within the designated area, student will use a simulated pike pole to push an overhead weighted plate up once and then use another simulated pike pole to pull down a weight 5 times. Student will complete as many evolutions as possible in a one minute work cycle. Student will then receive 30 seconds of rest and start the cycle over for a total of 4 work cycles(of 1 minute of work to 30 seconds of rest). Student must complete at least 23 (1 to 5) evolutions in 4 minutes of work.

I have examined this individual and have found nothing that should prevent him/her from participating in the above physical agility test or similar strenuous firefighter activities that will be required upon acceptance into the Tulsa Metro Fire Academy.

* PLEASE ALSO ATTACH COPY OF SIGNED SPORTS PHYSICAL FORM

__________________________________________________________________________________________
Name of Student, Date  Name of Doctor

__________________________________________________________________________________________
Student ID  Doctor’s Signature, Date
CITY OF TULSA FIRE DEPARTMENT & TULSA COMMUNITY COLLEGE

AGREEMENT TO PARTICIPATE and RELEASE & WAIVER FORM

(For Non-Tulsa Fire Department Participants)

In consideration of permission to participate in training activities, whether sponsored by the Tulsa Fire Department, the City of Tulsa, a municipal corporation (hereinafter “CITY”), or the Tulsa Community College, (hereinafter “College”), which may take place at the Tulsa Fire Department Safety Training Center (the “Center”) or another training location owned by CITY & College, and recognizing that such participation will involve activities which may be dangerous, I hereby voluntarily assume all risk of accident or injury and release and forever discharge CITY & College and CITY’s respective employees, officers, and agents, including elected officials of the City of Tulsa and their staff, or Tulsa Community College, the State of Oklahoma, the Trustees of the College, which own and operate the College and their employees, officers, volunteers and agents, of and from any and all liability for personal injury or property damage of any kind sustained in association with my participation, whether such personal injury or property damage is caused by the negligence of CITY, of CITY’s respective employees, officers, or agents, including elected officials of the City of Tulsa and their staff, or College or otherwise. The phrase “personal injury” shall include, but not be limited to, bodily injury, pain and suffering, emotional or mental distress, earnings and all medical expenses arising out of or related thereto.

I covenant and agree to indemnify and hold harmless CITY & College and CITY’s respective employees, officers, and agents, including elected officials and their staff, from all liability, loss and expense, including but not limited to damages, legal expenses and cost of defense, in any matter arising from my participation in training activities at the Center or another training location owned by CITY.

I further agree that I will abide by all applicable rules and regulations promulgated by CITY & College and agree to follow the instructions of all supervisors who are connected with this activity.

I further agree that it is my intent that the provisions of this Release and Waiver shall be fully binding upon and effective against me, my heirs, executors and administrators, successors, legal representatives, and assigns and I hereby acknowledge that I have read and understand these requirements and provisions and agree that these provisions are contractual and not mere recital.

________________________________________  ____________
PARTICIPANT NAME (Printed)                     DATE

________________________________________
PARTICIPANT SIGNATURE
(Parent/Guardian if under 18)

________________________________________
NOTARY PUBLIC / DATE (and seal)